

**Clarendon College**  
**PHED 1306 - First Aid**  
**Fall 2024**

Instructor: Brad Vanden Boogaard  
Office Location: Instructional Building  
Office Phone: 806-874-4800  
Office Hours: By appointment  
E-mail: brad.vandenboogaard@clarendoncollege.edu  
Class meeting time/day: 9:30 am – 10:50 am/TR - Admin 103

**I. Course Description:**

Instruction in first aid. Emergencies, victim assessment, techniques, theories and management are emphasized. Students will learn how to prevent injury, preserve life, and promote recovery.

**Purpose:**

The purpose of first aid is to give the student the essential information needed to provide immediate care to victims who have an injury or illness.

**II. Instructional Materials:**

Text Material (Not required)

**III. A.) Learning Objectives:**

- Critical Thinking Skills: to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
- Communication Skills: to include effective development, interpretation and expression of ideas through written, oral and visual communication.
- Teamwork: to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal.
- Empirical and Quantitative Skills: to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- Personal Responsibility: to include the ability to connect choices, actions and consequences to ethical decision-making.
- Social Responsibility: to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

**B.) Student Learning Outcomes:**

- I. Demonstrates knowledge of First Aid.
- II. Demonstrate correct techniques and mechanics of care.
- III. Apply general knowledge and interpretations in emergency settings.
- IV. Understand the demands, responsibilities, and roles of caregivers during first aid.
- V. Demonstrate an appreciation and respect for first aid.
- IV. Attendance Policy/Makeup Work
  - A. Student will not receive points for any missed classes.
  - B. For each tardy, students will be deducted points.

**V. Course Expectations:**

- A. Come prepared for every class.
- B. Be on time.
- C. Class attendance.
- D. Class participation is an important part of your overall grade.
- E. Take notes, there is no required text.

**VI. Class Assessment/Grading:**

Assignments, quizzes, tests, observation, participation, and presentation is worth a percentage of your overall grade. This number will produce your midterm/final grades. It is essential to keep up with assignments and turn in your work.

**VII. Grades:**

A = 100-90    B = 89-80    C = 79-70    D = 69-60    F = 59-below

**VIII. Tentative Course Schedule:**

The course schedule is subject to change.

Date:	To be completed:
Week 1	Intro and Syllabus
	Introduction to First Aid
Week 2	Documentation and legal considerations
	Assessing the scene, Guidelines for giving care, Review
Week 3	Exam #1
	Getting Medical Help
Week 4	Bleeding, Wounds
	Sudden Illness and Poisoning , Substance abuse/misuse
Week 5	Poisonous animals, bites and stings
	Allergic reactions
Week 6	Heat and Cold Related injuries
	Burns
Week 7	Review
	Exam #2
Week 8	Household safety and building first aid kit
	Disaster survival, Fire Prevention and survival
Week 9	Holiday survival
	Respiratory Emergencies, Choking
Week 10	Rescue Breathing/ Review
	Exam # 3
Week 11	Cardiac Emergencies
	CPR
Week 12	Pediatric Life support
	Pediatric Life Support
Week 13	AED, CPR, Seizures
	Backboard techniques and splinting
Week 14	NO CLASS Thanksgiving
Week 15	Final Review
Week 16	Finals Week

### **VIII. Accommodations Statement:**

REQUIREMENTS OF THE AMERICANS WITH DISABILITIES ACT In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, any student who feels that he or she may need any special assistance or accommodation because of an impairment or disabling condition should contact the Associate Dean of Enrollment Services at 806-874-4837 or [janean.reish@clarendoncollege.edu](mailto:janean.reish@clarendoncollege.edu) or visit the Clarendon campus at Clarendon College. It is the policy of Clarendon College to provide reasonable accommodation as required to afford equal educational opportunity. It is the student's responsibility to contact the Associate Dean of Enrollment Services

### **IX. Nondiscrimination Policy:**

Clarendon College, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, or veteran status.

It is the policy of Clarendon College not to discriminate based on gender, age, disability, race, color, religion, marital status, veteran's status, national or ethnic origin, or sexual orientation. Harassment of a student in class, i.e., a pattern of behavior directed against a particular student with the intent of humiliating or intimidating that student will not be tolerated. The mere expression of one's ideas is not harassment and is fully protected by academic freedom, but personal harassment of individual students is not permitted.

### **X. Withdrawing from (Dropping) the Course:**

If you decide that you are unable to complete this course or that it will be impossible to complete the course with a passing grade, you may drop the course and receive a "W" on your transcript instead. (The last day to drop a course is available on the Academic Calendar, located at the Student link on the Clarendon College website.) Withdrawal from a course is a formal procedure that you must initiate. If you do not go through the formal withdrawal procedure, you will receive whatever grade you have earned. Whether to drop a class or not requires a lot of thought. According to Texas state law a student is only allowed to drop the same class twice before he/she will be charged triple the tuition amount for taking the class a third time or more. Furthermore, beginning with the Fall 2007 semester, students in Texas may only drop a total of 6 courses throughout their entire undergraduate career. After the 6th dropped class, he/she will no longer be able to withdraw from any classes.

### **XI. Academic Integrity Policy:**

Clarendon College is committed to a philosophy of honesty and academic integrity. It is the responsibility of all members of the Clarendon College community to maintain academic integrity at Clarendon College by refusing to participate in or tolerate academic dishonesty. Any act of academic dishonesty will be regarded by the faculty and administration as a serious offense.

Academic dishonesty violations include, but are not limited to: (1) obtaining an examination, classroom activity, or laboratory exercise by stealing or collusion; (2) discovering the content of an examination, classroom activity, laboratory exercise, or homework assignment before it is given; (3) observing the work of another during an examination or providing answers to another during the course of an examination; (4) using an unauthorized source of information during an examination, classroom activity, laboratory exercise, or homework assignment; (5) entering an office, classroom, laboratory, or building to obtain unfair advantage; (6) taking an examination for another person; (7) completing a classroom activity, laboratory exercise, homework assignment, or research paper for another person; (8) altering grade records; (9) using any unauthorized form of an electronic communication device during an examination, classroom activity, or laboratory exercise; and/or, (10) plagiarism. (Plagiarism is defined as the using, stating, offering, or reporting as one's own, an idea, expression, or production of another person's work without proper credit. This includes, but is not limited to, turning in a paper purchased or acquired from any source, written by someone other than the student claiming credit, or stolen from another student.)

Students are responsible for reporting known acts of academic dishonesty to a faculty member, the program coordinator, the associate dean, and/or dean. Any student with knowledge of a violation who fails to report it shall him/herself be in violation and shall be considered to have committed an act of academic dishonesty. Additionally, any student who reports him/herself in violation of this code before it is likely that another might consider this possibility will be understood as repentant and acting in good faith. Though the confession will not excuse the student for the violation, the confession will be considered and the violation should not result in suspension from school except in the most extreme cases.