

**Clarendon College**

**PHED 1336**  
**Introduction to Recreation**

CLARENDON COLLEGE  
Division of Science & Health

**Course Name:** PHED 1136 Introduction to Recreation

**Credit Hours:** 3

**Semester:** Spring 2026

**Classroom Location:** online

**Instructor:** Mark James

**Phone:** 806-874-4833

**Email:** mark.james@clarendoncollege.edu

**Course Expectations:**

You may expect a response time from me of 24hrs for messages or email, and perhaps two to three days for Forum grades

Etiquette expectations (netiquette) for all types of communication: You are expected to take responsibility in helping to maintain a classroom environment that is conducive to learning. Please be polite and maintain a professional tone in your writing. NO abusive language will be tolerated in this course.

**Computer/Technology Requirement:**

This course uses a variety of web resources that require a good Internet connection and an up-to-date browser. You should use the latest version of Mozilla Firefox, Google Chrome, or Internet Explorer.

The “Messages” feature in Moodle is the main method you should use to contact me. I will make every effort to check the course website every week day and respond to your message requests within 24 hours.

**Online Course website:**

This online course uses Moodle as its online course management program. All instructions, tutorials, exams, and assignments are provided at the course website. All assignments will be submitted there. Due dates for all assignments are listed in the “Course Schedule” at the course website. Most communication between you and your instructor and fellow classmates will be handled in Moodle through the “Messages” feature and discussion forums. You will be able to log into the course website once you have officially registered for the course and once you have been added to the course website. The course website will become available to you by the first day of the semester. If you register late, you will generally have access to the course within 24 hours after you register. In order to be successful in completing this 3-credit hour course, you should plan to spend between 3-9 hours per week on the course.

The information explaining how to log into your course website can be obtained by going to Clarendon College’s home page, and clicking on the **Login to Online Classes** button. If you have any difficulty logging in, email our help desk at: [administrator@clarendoncollege.edu](mailto:administrator@clarendoncollege.edu)

**Course Description:**

This course will provide you with a general knowledge of recreation and how participation in recreation and leisure activities can lead to a more enjoyable quality of life. This course will primarily focus on the background and history of recreation activities (both indoor and outdoor), the personal and economic costs and benefits of different types of recreational activities, and the future of the recreation industry and how you can find a job within the industry.

**Statement of Purpose**

This class partially satisfies the requirements for an Associate Degree at Clarendon College and is designed for transfer to a senior college. The course may be repeated for credit.

**Required Instructional Materials:** No Textbook Required

**Student Requirements:**

Students are required to take 4 exams, complete written assignments, post to class discussion forums, and write a 3-5 page paper describing their own personal definition of recreation (directions on how to write this paper can be found on your Moodle page)

**Course Objectives**

Critical thinking skills – to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information

Communication skills – to include effective written, oral, and visual communication

**Learning Outcomes**

As a result of this course, you should be able to:

- Explain the difference between recreation and play Interpret the role gender plays in recreation and leisure.
- Describe the different methods of that recreation and leisure is delivered to your community.
- Interpret and contrast the differences in recreation and leisure in Canada and the United States. .
- Evaluate the recreation services that are offered by nonprofit organizations in your community.
- Describe different methods of programming recreation activities.
- Identify the amount of time you currently spend on recreation activities.
- Evaluate the future of the recreation industry.
- Identify and evaluate your personal experiences with outdoor and adventure recreation.

**Course Grading Policy:**

The course will be graded in the following Manner:

- Discussion Postings- 60%
- Written Assignments (not including the Personal Definition of recreation Paper)- 20%
- Personal Definition of recreation Paper- 10%
- Exams- 10%

**Online Attendance Policy**

Weekly attendance is mandatory in all online courses. Specific activities will be identified each week that must be completed in order for students to be considered “in attendance.” Students are also expected to log into their online course(s) at least twice a week. I will be checking attendance **Every Friday and on the Census date**. You must log at least once a week to be counted “in attendance.”

**My personal attendance policy:**

For this course, I will submit an attendance report each Tuesday morning and on the census date. Students who are following the online attendance policy are marked "present." Students can be placed on academic probation or lose financial aid for chronic non-attendance or failure to progress through the course assignments.

### **Academic Integrity Policy**

Clarendon College is committed to a philosophy of honesty and academic integrity. It is the responsibility of all members of the Clarendon College community to maintain academic integrity at Clarendon College by refusing to participate in or tolerate academic dishonesty. Any act of academic dishonesty will be regarded by the faculty and administration as a serious offense.

Academic dishonesty violations include, but are not limited to: (1) obtaining an examination, classroom activity, or laboratory exercise by stealing or collusion; (2) discovering the content of an examination, classroom activity, laboratory exercise, or homework assignment before it is given; (3) observing the work of another during an examination or providing answers to another during the course of an examination; (4) using an unauthorized source of information during an examination, classroom activity, laboratory exercise, or homework assignment ; (5) entering an office, classroom, laboratory, or building to obtain unfair advantage; (6) taking an examination for another person; (7) completing a classroom activity, laboratory exercise, homework assignment, or research paper for another person; (8) altering grade records; (9) using any unauthorized form of an electronic communication device during an examination, classroom activity, or laboratory exercise; and/or, (10) plagiarism. (Plagiarism is defined as the using, stating, offering, or reporting as one's own, an idea, expression, or production of another person's work without proper credit. This includes, but is not limited to, turning in a paper purchased or acquired from any source, written by someone other than the student claiming credit, or stolen from another student.)

Students are responsible for reporting known acts of academic dishonesty to a faculty member, the program coordinator, the associate dean, and/or dean. Any student with knowledge of a violation who fails to report it shall him/herself be in violation and shall be considered to have committed an act of academic dishonesty. Additionally, any student who reports him/herself in violation of this code before it is likely that another might consider this possibility will be understood as repentant and acting in good faith. Though the confession will not excuse the student for the violation, the confession will be considered and the violation should not result in suspension from school except in the most extreme cases.

While academic integrity and honesty are the responsibility of the individual student, each individual faculty member, teaching assistant, and/or laboratory instructor is responsible for classroom management and for maintaining ethical behavior within the classroom and/or laboratory. Faculty who discover or suspect a violation should discuss the matter with the suspected violator(s) and attempt to resolve the case at that point. In cases of convincing evidence, the faculty member should take appropriate action. The faculty member and student should complete a Counseling Sheet regarding the violation. (The Counseling Sheet should contain at a minimum the date and time of the violation, the course, the instructor's name, the student's name, an explanation of the infraction or facts of the case, and the resolution to the incident.) This form should be signed by the student, faculty member, program coordinator, and the Dean of Students. The Dean of Students will maintain a file on all violations. If a faculty member prefers to report the case directly to the Dean of Students, it remains his/her prerogative to do so. Additionally, if the faculty member and the accused student cannot reach a resolution or if the faculty member believes that suspension from school is the only fair sanction, the case should immediately be reported by the faculty member, in writing, to the Dean of Students. If the Dean of Students observes any trends in student behavior which involve more than one violation or act of academic dishonesty, the Dean is responsible for notifying all faculty members involved, for contacting the student(s) involved, and after consultation with the faculty member(s) involved for taking the appropriate action. The Dean of Students is responsible for the timely notification (normally within two weeks) to all parties of an action taken. Students wishing to appeal a disciplinary decision involving academic integrity or acts of academic dishonesty may do so through the Student Appeals and Grievance Procedure.

### **Withdrawing from (Dropping) the Course**

If you decide that you are unable to complete this course or that it will be impossible to complete the course with a passing grade, you may drop the course and receive a "W" on your transcript instead. (The last day to drop a course is available on the Academic Calendar, located at the Student link on the Clarendon College website.) Withdrawal from a course is a formal procedure that you must initiate. If you do not go through the formal withdrawal procedure, you will receive whatever grade you have earned. Whether to drop a class or not requires a lot of thought. According to Texas state law a student is only allowed to drop the same class twice before he/she will be charged triple the tuition amount for taking the class a third time or more. Furthermore, beginning with the Fall 2007 semester, students in Texas may only drop a total of 6 courses throughout their entire undergraduate career. After the 6<sup>th</sup> dropped class, he/she will no longer be able to withdraw from any classes.

### **Accommodations Statement**

Clarendon College provides reasonable accommodations for persons with temporary or permanent disabilities. Should you require special accommodations, notify the Dean of Student Services. We will work with you to make whatever accommodations we need to make.

**Tentative Course Schedule:**

This course schedule is also available in the Syllabus and Quick Links section. The course schedule is subject to change. If changes are made, you will see an announcement through the Moodle Messages. I will also change the course schedule itself to reflect any changes made.

**Attendance**

Attendance will be taken on the census day and on every Friday

In order to be counted as "in attendance", a student must complete the assignment listed below to be counted present for that week.

Week 1	Unit 1 Discussion 1
Week 2	Unit 1 Discussion 2
Week 3	Unit 1 Discussion 3
Week 4	Unit 1 Test One
Week 5	Unit 2 Discussion 1
Week 6	Unit 2 Parks Assignment
Week 7	Unit 2 Interview Assignment
Week 8	Unit 2 Test Two
Week 9	Unit 3 Discussion 1
Week 10	Unit 3 Recreation Log Assignment
Week 11	Unit 3 Recreation on Campus Assignment
Week 12	Unit 3 Test Three
Week 13	Unit 4 Discussion 1
Week 14	Unit 4 Discussion 2
Week 15	Unit 4 Careers Assignment
Week 16	Unit 4 Test Four

## **Spring 2026 Course Schedule**

*All assignments are due by May 11, 2026 at  
5:00 pm cst*

Unit date:

### **UNIT 1:**

This unit is due in its entirety 9am (cst) on  
02/12

To be completed:

- 1. Complete required readings**
- 2. Complete graded discussion forums**
- 3. Write Personal Definition of Recreation  
Paper (10% of your grade)**
- 4. Complete test**

### **UNIT 2:**

This unit is due in its entirety 9am (cst) on  
03/12

- 1. Complete required readings**
- 2. Complete graded discussion forums**
- 3. Complete graded written activity**
- 4. Complete test**

### **UNIT 3:**

This unit is due in its entirety 9am (cst) on  
04/12

- 1. Complete required readings**
- 2. Complete graded discussion forums**
- 3. Complete written activities**
- 4. Complete test**

### **UNIT 4:**

This unit is due in its entirety 5am (cst) on  
05/1111111

- 1. Complete required readings**
- 2. Complete graded discussion forums**
- 3. Complete written assignment**
- 4. Complete test**