

RACHEL PITTMAN

Nursing Clinical Instructor

PROFESSIONAL SUMMARY

Registered Nurse with 19+ years experience in clinical settings providing nursing care to diverse populations. Responsible RN with excellent communication skills and dedicated work ethic. Demonstrated medical procedure competency. 6+ years nursing experience in gynecology, labor and delivery with specialty in area of high-risk obstetrics. 3+ years of level II and level III NICU. 9+ years experience in Medical-Surgical, with specialty areas, such as: Long-term care, Ortho, Neuro, Dialysis, Psych and Telemetry units. 1+ years of experience as RN circulator in Level 2 Operating Room. Clinical Instructor experience, less than 1 year. Helped teach nursing skills over years of Nursing at bedside and through skills work-shops

EMPLOYMENT HISTORY

OPERATING ROOM CIRCULATOR

Jan 2023 - Jun 2024

Northwest Texas Hospital

Amarillo Texas

- ◆ Coordinated surgical procedures, ensuring seamless workflow and adherence to protocols. Optimised resource utilisation, resulting in enhanced theatre efficiency.
- ◆ Fostered strong interdisciplinary relationships, facilitating effective communication between surgical teams. Contributed to improved patient outcomes through coordinated care.
- ◆ Meticulously managed surgical instruments and supplies, maintaining sterile field integrity. Conducted thorough pre-operative checks, minimising potential complications.
- ◆ Implemented streamlined documentation processes, reducing administrative time and increasing direct patient care. Achieved consistent compliance with safety standards.
- ◆ Provided compassionate care to patients and families, alleviating pre-operative anxiety. Mentored new staff, enhancing team performance and operational efficiency.

NICU LEVEL III

Mar 2021 - Dec 2022

BSA Medical Center

Amarillo TX

- ◆ Led critical care for premature infants in NICU Level III, implementing evidence-based protocols that improved patient outcomes and reduced average length of stay.
- ◆ Fostered interdisciplinary teamwork in NICU Level III, enhancing communication between nurses, doctors, and specialists to provide comprehensive neonatal care.
- ◆ Provided compassionate support to families in NICU Level III, offering education and counselling to help parents navigate the challenges of premature birth.
- ◆ Mentored junior staff in advanced neonatal care techniques, fostering a culture of continuous learning and professional development within the NICU.

TELE/MED SURG COVID UNIT

Dec 2020 - Mar 2021

Fusion Medical Staffing

BSA Hospital

- ◆ Led tele/med surg COVID unit, ensuring optimal patient care and safety protocols. Managed critical cases, coordinated with multidisciplinary teams, and adapted to rapidly evolving healthcare guidelines.
- ◆ Provided compassionate care in tele/med surg COVID unit, offering emotional support to patients and families. Mentored junior staff, fostering a resilient and empathetic healthcare environment.

POST SURGICAL, TRAUMA, ORTHO, REHAB, TELE, RENAL, NEURO, PSYCH

2018 - Dec 2020

Trident Medical Center

North Charleston SC

- ◆ Fostered strong interdepartmental relationships, enhancing patient care continuity. Mentored junior staff, promoting a culture of continuous learning and professional growth.
- ◆ Meticulously managed complex patient cases, ensuring adherence to treatment plans. Maintained precise documentation, facilitating seamless communication across healthcare teams.
- ◆ Streamlined post-operative care protocols, markedly reducing patient recovery times. Implemented evidence-based practices, enhancing treatment outcomes across diverse specialties.
- ◆ Meticulously monitored vital signs and medication regimens, ensuring optimal patient care. Maintained comprehensive medical records, facilitating informed decision-making.

LABOR/DELIVERY, POSTPARTUM AND LEVEL II NICU RN
East Cooper Medical Center

Jan 2017 - Jan 2018
Mt Pleasant SC

- ♦ Managed high-risk deliveries and neonatal care in Level II NICU, ensuring optimal patient outcomes through expert clinical judgement and swift decision-making.
- ♦ Pioneered implementation of new pain management protocols in labour ward, significantly improving patient comfort and satisfaction rates.
- ♦ Provided compassionate support to new mothers, offering guidance on breastfeeding and newborn care, facilitating smooth transition to parenthood.

LABOR/DELIVERY RN
Marion General Hospital

Mar 2016 - Jan 2017
Marion Indiana

- ♦ Provided compassionate care to expectant mothers, offering emotional support and education throughout labour. Fostered a calm environment, reducing anxiety and improving birth experiences.
- ♦ Implemented evidence-based practices, leading to improved neonatal health indicators. Streamlined documentation processes, enhancing efficiency and accuracy in patient records.
- ♦ Coordinated seamlessly with obstetricians, anaesthetists, and paediatricians to ensure comprehensive care. Mentored junior staff, fostering a culture of continuous learning and skill development.

LABOR/DELIVERY RN
Terre Haute Regional Hospital

Oct 2015 - Mar 2016
Terre Haute Indiana

- ♦ Coordinated seamlessly with multidisciplinary teams to provide comprehensive maternity care. Fostered open communication, improving overall patient satisfaction.
- ♦ Provided compassionate support to families during childbirth. Offered guidance on breastfeeding and newborn care, empowering new parents with essential skills.
- ♦ Meticulously monitored foetal and maternal vital signs, ensuring swift interventions when needed. Maintained precise documentation, enhancing continuity of care.

LABOR/DELIVERY RN
Harris Regional Hospital

Oct 2014 - Oct 2015
Sylvia North Carolina

- ♦ Led labour and delivery unit, ensuring optimal care for mothers and newborns. Implemented evidence-based practices, resulting in improved patient outcomes and satisfaction.
- ♦ Fostered strong teamwork among nurses, doctors, and support staff. Coordinated seamless patient handovers, enhancing continuity of care and reducing medical errors.
- ♦ Provided compassionate care to high-risk pregnancies, ensuring both physical and emotional well-being. Mentored junior staff, fostering a culture of continuous learning and growth.

LDRP AND LEVEL II NICU RN
Community Howard Hospital

Mar 2013 - Sep 2014
Kokomo Indiana

- ♦ Led LDRP and Level II NICU care, ensuring optimal patient outcomes. Implemented evidence-based practices, resulting in enhanced neonatal health indicators.

MEDICAL-SURGICAL CHARGE NURSE
IU health Tipton

Mar 2012 - Mar 2013
Tipton Indiana

- ♦ Led medical-surgical unit as Charge Nurse, overseeing patient care, staff coordination, and resource allocation. Implemented efficient workflows, enhancing patient outcomes.
- ♦ Fostered teamwork among nursing staff, promoting knowledge sharing and skill development. Coordinated with multidisciplinary teams to ensure comprehensive patient care.
- ♦ Mentored junior nurses, facilitating their professional growth. Championed patient-centred care approach, enhancing overall healthcare experience.

HIGH SCHOOL RN
Eastern High School

Jul 2007 - Mar 2012
Greentown Indiana

- ♦ Provided compassionate care to students, addressing health concerns and promoting wellness. Implemented preventive health programmes, enhancing overall school health.
- ♦ Partnered with teachers and staff to create a holistic health education curriculum. Fostered a culture of health awareness throughout the school community.
- ♦ Reduced absenteeism through proactive health interventions. Improved student health outcomes by implementing targeted wellness initiatives.

MEDICAL-SURGICAL RN
Tipton Hospital

Dec 2005 - Jul 2007
Tipton Indiana

LDRP RN
Tipton Hospital

Jun 2005 - Dec 2005
Tipton Indiana

EDUCATION

ASSOCIATE OF SCIENCE: NURSING
Indiana University Kokomo

2002 - 2005
Kokomo, IN

COURSES

ACLS
Certifications

PALS
Certifications

SKILLS

Patient/family focused, Critical care, Prioritizing, Managing deadlines, Intravenous therapy, Physical assessments, Problem resolution, Clinical judgment, Autonomy, Breastfeeding education, Patient evaluation, Patient intervention, Team leadership, Resource management, Patient advocacy, Mentorship, Documentation, Emergency response, Interdisciplinary collaboration.

INTERNSHIPS

NICU FLIGHT RN
BSA Hospital

2022
Amarillo

Training to become RN on NICU flight team.